

We encourage your suggestions for improvement. Please direct all inquiries to the Superintendent. Lostant CUSD 425 contact information is:

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Home of the Comets



LOSTANT
C.U.S.D. 425

EXTRA-CURRICULAR STUDENT HANDBOOK

2018 – 2019

Code of Conduct

Participants in extra-curricular activities are to conduct themselves at all times, including after school and on days when school is not in session, and whether on or off school property, as good citizens and exemplars of the school. Failure to abide by this code of conduct could result in removal from the activity. Activities defined herein refer to all practices, games, events, and privileges included in the "Activities Offered" section below.

Misbehavior During School

- Detention: Participant is suspended from the next competitive event.
- Suspension: Participant is suspended from the next three competitive events.
- If a student receives five or more accumulated suspension days during a school year, that participant shall be excluded from all extra-curricular activities for the remainder of the year.

Tobacco, Alcohol, or Drug Possession or Use, Criminal Arrest by Law Enforcement

Participant is removed from all activities for the remainder of the school year unless charges are dismissed or participant is acquitted of the crime.

The superintendent has sole authority for suspension or removal of a student from participation in an activity for any reason deemed appropriate.

Mandatory Activity Meeting

Participants must attend an extra-curricular activity meeting with the coach/sponsor and submit all necessary forms and documents prior to the first scheduled activity.

Activities Offered

Lostant students in grades 5-8 have the opportunity to participate in Girls' Basketball, Boys' Basketball, Cheerleading, Girls' Volleyball, Track, Boys' Baseball, Scholastic Bowl, School Newspaper, and Student Council.

Activity Fee

There is an annual \$50.00 activity fee due prior to the beginning of an activity. The fee covers all activities for the entire year.

Eligibility

If a student has two or more D averages, or one or more F's in any subject per week, that student will be ineligible to participate in extra-curricular activities for the following week. During the period of ineligibility, the student may not attend any extra-curricular practices or events. If a student is ineligible for four (4) consecutive weeks, the student will be removed from the activity. Such a student must return all uniforms and other activity materials in clean and/or good working condition within seven (7) calendar days of removal from the activity or be required to reimburse the school district. The eligibility process will begin the first week of each nine (9) week grading period. Ineligibility will be communicated to the parent by the coach or administrator. The second week of each quarter is a grace period week where eligibility is waived.

Insurance

All participants in athletic activities must carry health insurance. The forms for insurance must be completed and the premium paid before participation in any practice or event. Parents must submit a waiver of the student insurance requirement if they have adequate protection with their individual policies.

Physical Examination

All participants of athletic activities must submit proof of a physical examination before they can begin practice or participate in any activity. This physical is good for one year from the date of the examination.

Attendance

Extra-curricular participants reporting to school after 10:00 a.m. on event days will not be allowed to participate in the event that evening. Students leaving school during school hours will not be allowed to participate in the event that evening. If a student is absent from school on Friday, Saturday participation is not allowed. Extenuating circumstances may be excused with coach and superintendent permission.

Home Schooled Students

Home schooled students may participate in Lostant extra-curricular activities and must abide by all District rules set forth in this Handbook.